

# **Consonant Vowel Vowel Consonant Comprehensive Resource**

Garth Schindel - SLPatHome

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CV Starting with Sh ..... **Error! Bookmark not defined.**  
CV Starting with T ..... **Error! Bookmark not defined.**  
CV Starting with Th Voiceless ..... **Error! Bookmark not defined.**  
CV Starting with Th Voiced ..... **Error! Bookmark not defined.**  
CV Starting with V ..... **Error! Bookmark not defined.**  
CV Starting with W ..... **Error! Bookmark not defined.**  
CV Starting with Y ..... **Error! Bookmark not defined.**  
CV Starting with Z ..... **Error! Bookmark not defined.**

## About the Author

I have been helping children and their parents for over 33 years as a licensed speech-language pathologist. I have worked in many settings with many different parents and children. I want to pass on some of the tips and tricks that I have learned along the way.

More information on speech and language therapy and all of my programs can be found on my website: [Speech-TherapyAtHome.com](http://Speech-TherapyAtHome.com)

I would love to hear from you if you have any questions or comments. I can be reached at [SLP@Speech-TherapyAtHome.com](mailto:SLP@Speech-TherapyAtHome.com)

Garth Schindel, SLPatHome

## Disclaimer

While I am a certified speech-language pathologist and all the ideas in this book are ones that I use with the children and parents who come to see me, this program does not replace an assessment or treatment with a speech-language pathologist or any other professional.

## Introduction

This program is intended for speech-language therapists and those already familiar with working on sounds and communication.

To make practice more powerful I have added my sound cue images below each sound in every word.

**Sound Cues** provide children with the information they need to fully understand the sounds that make up words. I've added my Ultimate Sound Cues to each practice word to make the Complexity Approach even more powerful. Sound Cues help children understand what sounds are in each word and provides the support needed for them to make each sound correctly.

My Ultimate Sound Cues are included as a free addition to this program. More information on Sound Cues can be found on my website.

**Words Used.** 335 Consonant Vowel and Vowel Consonant words are used in this program. I've included 4 types of words.

Very common functional words such as "Hi, Go, and In" to help children communicate simple wants and needs.

Simplifications of harder words such as “Dey” for “They”, “Pay” for “Play” and “Wa” for “Water”. Some children need these approximations until their articulation ability improves.

Uncommon but real words such as “Ohm, Ghee and Hew”. These provide variety to practice and can help break habits.

Nonsense words such as “Ehk, “Gu” and “Kau” make good building blocks for longer words. Using coarticulation helps to establish consonants with the helpful vowels. Once established then the other vowels help with transitions.

**Format.** The program is provided in both PDF and as a Word document. The Word document gives you the flexibility to alter and add to the practice images.

The PDF has a full colour and printer friendly back and white version.

I hope you find this program useful. Please let me know if you have any questions.

You can email me at [SLP@Speech-TherapyatHome.com](mailto:SLP@Speech-TherapyatHome.com)

Garth Schindel SLPatHome

## Ultimate Sound Cues

Sound Cues help children to say sounds correctly and to fully understand the sounds that make up each word. Every sound in English is represented by its own Sound Cue. English is confusing. Sound Cues help.

There are 3 parts to each Sound Cue:

- Picture Symbol
- Label
- Hand Gesture

**Picture Symbols** are unique images that represent each sound. They make it easier for children to know what sounds are in each word and what sound they are expected to say. Each practice word is accompanied by picture symbols for each sound in the word.

**Labels.** Each sound cue has its own label. Labels help younger children to know what sound you are talking about.

**Hand Gestures.** Each sound cues has a unique hand movement. Gestures, especially ones that mimic how the sound is made in the mouth, are powerful prompts to help children make sounds correctly. The gestures help children to know what their tongue and lips should be doing to make the sound.

There are two Sound Cues for R. The Race Car is for R that is usually at the start of words. The Angry Bird represents the R in Vowel R's and in R blends. "Race" and "Angry Bird" Rs also have two different hand gestures. One for the bunched R and one for the tongue tip R. Use the ones that work best for your child.

The Sound Cues are first presented in a small format that shows the Picture Symbol and the Labels. I often cut apart these Picture Symbols and help children to find the sounds that make up each word. They can then add or take away sounds to change the word. Multisensory learning is always best. Larger formats are available on my website.

Next, the Sound Cues are in a grid showing the Picture Symbol on one side and the Label, Hand Gesture on the other side. I like to print these out on either card stock paper or laminate them. I use them as visual prompts for the different sounds. If this is too much information for your child to look at, try folding the cards in half so the label and gesture are on the back.



B as in "Boy"



G as in "Go"



F as in "Fun"



J as in "Jam"



N as in "No"



IR as in "Bird"



W as in "We"



Sh as in "Shoe"



Th as in "There"



Short E as in "Pet"



Short U as in "Up"



Long E as in "Eat"



Long U "Oops"



Ew as in "Few"



P as in "Pop"



T as in "Top"



V as in "Van"



L as in Laugh



Qw as in "Queen"



S as in "See"



Y as in "Yes"



Zh as in "Treasure"



Ng as in "Ing"



Short I as in "It"



u as in "Book"



Long I as in "Pie"



Oi as in "Oil"



C/K as in "Can"



D as in "Drum"



H as in "Happy"



M as in "Mom"



R as in "Run"



Z as in "Zoo"



Ch as in "Chip"



Th as in "Think"



Short A as in "Cat"



Short O as in "Off"



Long A as in "Ape"



Long O as in "Toe"



Ow as in "Cow"



Bounce

B as in “Boy”

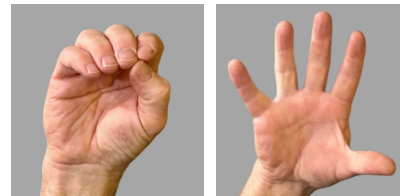


Hand facing out, fingers together. As you make the B sound, pop open your fingers. Other index finger shows that voice is on, if needed.



Pop

P as in “Ppuppy”

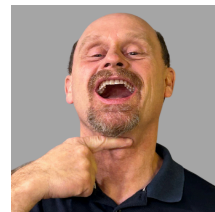


Start with your hand facing out and all of your fingers together. As you make the P sound pop open your fingers.



Cough

C/K as in “Can” or “Key”



Index finger horizontally across your throat. Move finger gently up and back. Then move it quickly away as the sound “explodes” out.



Gargle

G as in “Go”



Same as K / C but use both index and middle fingers to show that voice is on.



Tip Toe

T as in “Toy”



Place the tip of your index finger on the center of your upper lip and tap lightly.



Drum

D as in “Dog”



Tip of index finger on the center of your upper lip and tap lightly. If needed, touch your other index finger to your throat to show that voice is On.



Funny Bunny

F as in “Fun”



Place the tip of your index finger at the mid-point just below your bottom lip, press gently and hold as you make the sound.



Vacuum

V as in “Van”



Same gesture as F but if needed, touch your other finger to your throat to show that voice is On.



HaHa

H as in “Happy”



Place your open palm a few inches in front and down a bit from your mouth. Move hand away as you make the sound.



Jump

J as in “Jam”



Same as Ch with your other index finger on your throat to show that voice is On – if needed.



LaLa

L as in “Love”

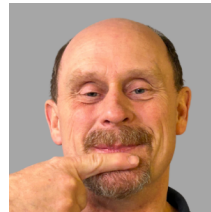


Make an L shape with your index finger and thumb. Touch your thumb just above your upper lip under your nose. Move hand out as you make sound.



Hum

M as in “Mom”



Place your index finger horizontally under your bottom lip. If needed, place your other index finger on your throat to show that voice is On.



Nose

N as in “No”



Touch the side of your nose with your index finger. If needed, place your other index finger on your throat to show that your voice is On.

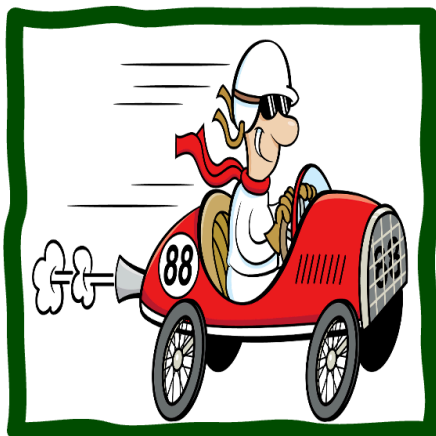


Queen

Qw as in “Quick”

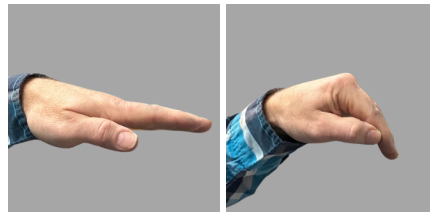


With one hand do the C/K gesture (index finger across your throat). Other hand does the W gesture (fingers on cheeks helping push lips out).



Race

R as in “Red”

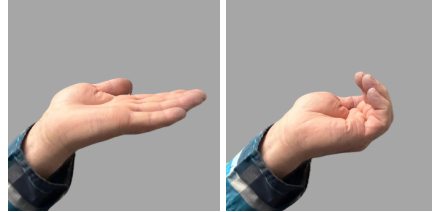


For Bunched R: Palm down. Pull your fingers back so they hump up as you say the sound.



Race

R as in “Red”



For Tongue Tip R: Palm flat. Curl fingers back and up as you say the sound.



Angry Bird

R as in “Bird”



For Bunched R: Show your teeth. Palm down. Pull your fingers back so they hump up as you say the sound.



Angry Bird

R as in “Bird”



For Tongue Tip R: Show your teeth. Palm flat. Curl fingers back and up as you say the sound.



Snake

S as in “See”



Touch your index finger at center of your top lip (or under the center of your bottom lip). Slither your finger out and away as you make the sound.

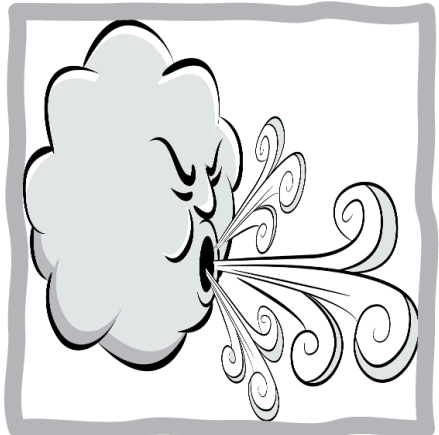


Buzz

Z as in “Zip”



Touch your index & middle fingers at the center of your top or bottom lip. Move them out away in a zig zag movement as you say the sound.

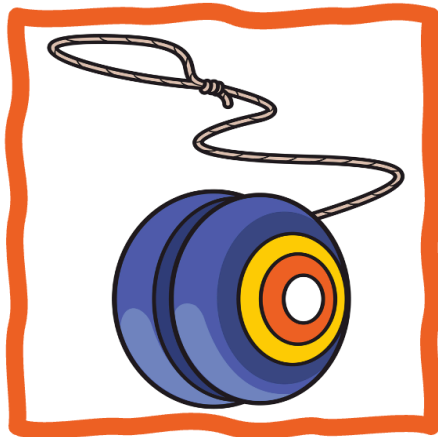


Windy

W as in “Water”



Place your thumb and index finger at opposite corners of your lips. Apply slight inward pressure to round your lips as you make the sound.

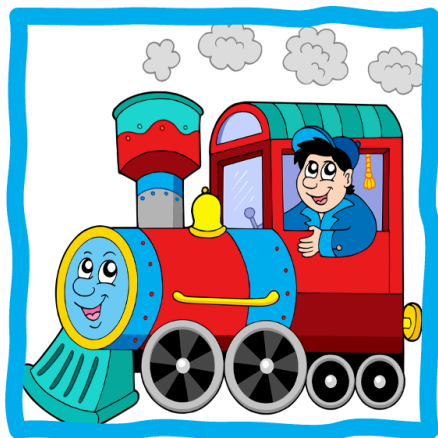


Yoyo

Y as in “Yes”



Stick out your little finger and thumb. “Hang 10”. Place your hand just under your mouth. Move it out a bit as you say the sound.



Train

Ch as in “Chip”



Thumb on one cheek. Index finger on the other. Slight pressure inwards. Move forwards quickly as you make the sound to suggest an explosion of air.



Sh!

Sh as in “Shoe”

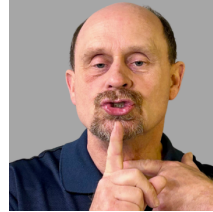


Index finger vertically just below lips. Move it out a bit as you say the sound.



Hair Dryer

Zh as in “Treasure”



Index finger vertically just below your rounded lips. If needed, touch other index finger to your throat to show that voice is On.



Quiet Tongue

Th (Voice Off) “Think”



Index finger pointing out away from your mouth. Move it out a bit as you make the sound.



Noisy Tongue

Th (Voice On) “That”



Same as Quiet Tongue but touch your other finger to your throat to show that your voice is On, if needed.



Gong

Ng as in “Sang, Sing”



Do the N gesture as you do the G gesture.



Scarry

Short A as in “Cat”



Hold your hands open at the sides of your mouth. Move them out a bit as you say the sound.



What?

Short E as in “Pet”



Hold your hand in a claw shape up by your mouth. Move it out a bit as you say the sound.

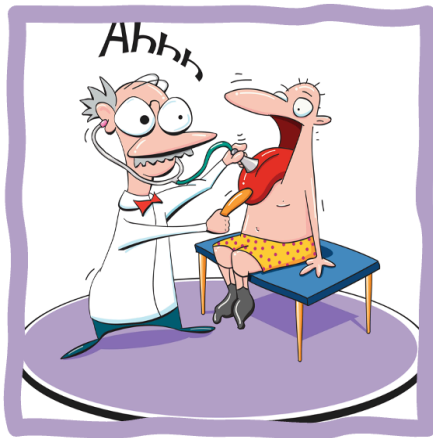


Ick

Short i as in "Pick"



Hold up your pinky up by your mouth.  
Move it up a bit as you say the sound.  
Use 1 or 2 hands.



Say Ahh

Short O as in "Off"



Pretend that your index finger is a  
tongue depressor. Hold it pointed into  
your mouth.



Up

Short U as in "Cut"



Hold up your index fingers on either  
side of your mouth. Move them up a  
bit as you say the sound.



Punch

ʊ as in “Book”



Place your index and middle fingers up by your mouth. Move them up slightly as you say the sound.

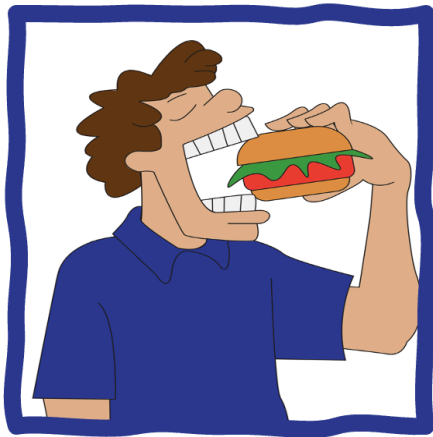


A or Cool

Long A as in “Ape”



Start with Short E (no sound) “What?” and then move to Long E “Eat”.

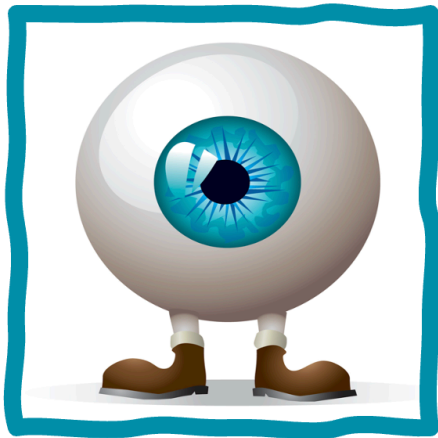


Eat

Long E as in “Sleep”



Hold your index fingers at both sides of your mouth. Move them out a bit to stretch your smile.



Eye

Long I as in “Pie”



Start with Short A “Scarry” (no sound – just to get mouth ready) and move to Long E “Eat”.

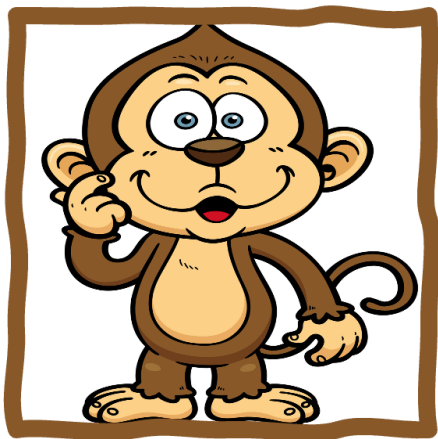


Mr. O

Long O as in “Toe”



Hands in an O shape by your mouth. Move them out a bit as you make the sound.



Monkey Lips

Long U as in “Oops”



Use your index fingers and thumbs to show “rounded lips”. Fingers and thumbs don’t touch your lips.



Oink

Oi as in "Oil"



Start with Long O "Mr. O" and move to Long I "Eye".



Ouch

Ow as in "Ow"



Start with Short A "Scarry" and move to Long U "Monkey".



Stinky

Ew as in "Ew"



Start with Long E "Eat" and move to Long U "Monkey" gesture.

## How the Words are Organized

- Words are divided into Vowel – Consonant words and then Consonant - Vowels.
- Within each set the words are arranged by the order of the vowels.

The Sound Cues are underneath all of the practice words. I used General American Pronunciation for each word. If you pronounce the words differently, either ignore the sound cues or change them to what works for you.

## List of Practice Words

### VC Ending with B

Ab	Ebb	Ib
Abe		

### VC Ending with Ch

Etch	H	Ouch
Itch	Each	

### VC Ending with D

Add	Aid	Oo'd
Ed	I'd	
Odd	Owed	

### VC Ending with F

F	Off	Oaf
If	Ouf	Oof

### VC Ending with G

Ag	Uug	Oog
Ig	Egg	Owg
Awg	Eeg	
Ug	Oge	

### VC Ending with J

Edge	Age	
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### VC Ending with K

Ack	Uk	Oak
Ehk	Ache	Ook
Awk	Eek	Oik
Uck	Ike	

### VC Ending with L

Al	L	Ill
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All  
Eel

Isle  
Oil

Owl

**VC Ending with M**

Am  
M

Umm  
Aim

I'm  
Ohm

**VC Ending with N**

Anne  
N

In  
On

Un  
Own

**VC Ending with P**

App  
Op

Up  
Ape

Op (Open)  
Opp

**VC Ending with R**

Air  
Arr  
Ear  
Ire

Oar  
Or  
Oor  
Oiyer

Our  
Hour  
Ewer

**VC Ending with S**

Ass  
S  
Iss  
Aase

Us  
Ace  
Ees  
Ice

Os  
Oos  
Ouse

**VC Ending with Sh**

Ash

Ish

**VC Ending with T**

At  
Et  
It

Ate  
Eight  
Eat

Oat  
Out

**VC Ending with Th Voiceless and Voiced**

Oath

Eth

**VC Ending with V**

Ave  
Ev

I've  
Of

Eave

**VC Ending with Z**

As  
Is  
Oz

Ease  
Eyes  
Os

Ooze

**CV Starting with B**

Baa

Ba (Bad)

Bu (Bubble)

Bay

Bee

By

Bye

Bi (Bite)

Bow

Boo

Boy

Bow

**CV Starting with Ch**

Chaw

Chi

Chai

Chew

Choy

Chow

**CV Starting with D**

Da (That)

Da (Dad)

Di (This)

Daw

Du (Done)

Day

D

Die

Dough

Do

Do (Down)

**CV Starting with F**

Fa

Fay

Fee

Fi

Foe

Few

**CV Starting with G**

Ga

Ge

Gi

Gaw

Gu

Goo (Good)

Gay

Ghee

Guy

Go

Goo

Gow

**CV Starting with H**

Ha (Hat)

Ha

Ho (Hot)

Huh

Hay

Hey

He

High

He (Help)

Hi

Hoe

Ho (Home)

Who

Hoigh

How

Hew

**CV Starting with J**

Jaw

Jay

Jee

Joe

Ju (Juice)

Joy

Jow

**CV Starting with K**

Ka

Ki

Ca

Co (Come)

Ku

Cu (Cookie)

K

Key

Ko

Coo

Koi

Cow

Cue

**CV Starting with L**

La	Lee	Lou
Lo (Love)	Lie	Loy
Lay	Low	

**CV Starting with M**

Ma (Mad)	May	Mow
Meh	Me	Mo (More)
Mi (Milk)	Me (Mean)	Moo
Ma	My	Me

**CV Starting with N**

Na	Knee	New
Na (Nap)	Ni (Nite)	Now
Gnaw	No	New
Neigh	Know	

**CV Starting with P**

Paw	Pee	Poi
Pa	Pe (Please)	Pow
Pay	Pie	Pew
Pay (Play)	Po	
P	Poo	

**CV Starting with Qw**

Qua	Quay	Quo
-----	------	-----

**CV Starting with R**

Ra	Rou	Roo
Re	Ray	Roy
Ri	Ree	Row
Raw	Rye	
Ru	Row	

**CV Starting with S**

Sa	Say	Sew
Se	See	Sioux
Si	Sea	Soy
Saw	Sigh	Sow
Su	So	

**CV Starting with Sh**

Shah	She	Show
Shea	Shy	Shoe

### **CV Starting with T**

Ta	Tie	To
To (Stop)	Toe	Toy
Tea	Two	Tew

### **CV Starting with Th Voiceless**

Thaw	Thigh	Thew
------	-------	------

### **CV Starting with Th Voiced**

The	Thy	Thou
They	Though	

### **CV Starting with V**

Vay	Vie	View
V	Vow	

### **CV Starting with W**

Wa	Weigh	Whoa
Waw (Water)	Way	Woo
Wa (Want)	We	Wow
Wu (One)	Why	

### **CV Starting with Y**

Ya	Ye	Yow
Yaw	Yo	
Ya	You	

### **CV Starting with Z**

Zza	Zo	Zow
Z	Zoo	

## **Practice Words**

Following are the images for all the practice words.

