


























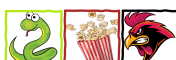
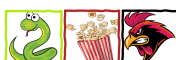
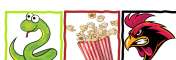

















R Blend Complexity Comprehensive Resource

Garth Schindel - SLPatHome

Table of Contents

<i>About the Author</i>	6
<i>Disclaimer</i>	6
<i>Introduction</i>	6
<i>Ultimate Sound Cues</i>	8
<i>How the Words are Organized</i>	24
<i>List of Practice Words</i>	24
BLR 	24
KTR 	24
LTR 	25
MBR 	25
NDR 	25
NGR 	25
NJR 	26
NTR 	26
NThR 	26
NgGR 	26
PTR 	26
RBL 	27
RDL 	27
RDZ 	27

RFT		27
RFR		27
RKL		27
RKS		28
RND		28
RNT		28
RPL		28
RPS		28
RST		28
RTS		28
SKR		at the Start of Words	29
SKR		in the Middle of Words	29
SKR		Contrasts	29
SPR		at the Start of Words	29
SPR		in the Middle of Words	30
SPR		at the End of Words	30
SPR		Contrasts	30
SQwR (SKWR)		30
SQwR (SKWR)		Contrasts	30

STR   	at the Start of Words.....	30
STR   	in the Middle of Words	31
STR   	at the Ends of Words.....	31
STR   	Contrasts	31

Practice Images31

BLR	Error! Bookmark not defined.
KTR	Error! Bookmark not defined.
LTR.....	Error! Bookmark not defined.
MBR.....	Error! Bookmark not defined.
NDR	Error! Bookmark not defined.
NGR	Error! Bookmark not defined.
NJR	Error! Bookmark not defined.
NTR.....	Error! Bookmark not defined.
NThR.....	Error! Bookmark not defined.
NgGR	Error! Bookmark not defined.
PTR	Error! Bookmark not defined.
RBL	Error! Bookmark not defined.
RDL.....	Error! Bookmark not defined.
RDZ.....	Error! Bookmark not defined.
RFT	Error! Bookmark not defined.
RFR	Error! Bookmark not defined.
RKL	Error! Bookmark not defined.
RKS	Error! Bookmark not defined.
RND	Error! Bookmark not defined.
RNT.....	Error! Bookmark not defined.
RPL	Error! Bookmark not defined.

RPSError! Bookmark not defined.
RSTError! Bookmark not defined.
RTSError! Bookmark not defined.
SKR at the Start of Words.....Error! Bookmark not defined.
SKR in the Middle of WordsError! Bookmark not defined.
SKR Contrasts.....Error! Bookmark not defined.
SPR at the Start of Words.....Error! Bookmark not defined.
SPR in the Middle of WordsError! Bookmark not defined.
SPR at the End of WordsError! Bookmark not defined.
SPR Contrasts.....Error! Bookmark not defined.
SQwR (SKWR)Error! Bookmark not defined.
SQwR (SKWR) Contrasts.....Error! Bookmark not defined.
STR at the Start of Words.....Error! Bookmark not defined.
STR in the Middle of Words.....Error! Bookmark not defined.
STR at the Ends of Words.....Error! Bookmark not defined.
STR Contrasts.....Error! Bookmark not defined.

About the Author

I have been helping children and their parents for over 33 years as a licensed speech-language pathologist. I have worked in many settings with many different parents and children. I want to pass on some of the tips and tricks that I have learned along the way.

More information on speech and language therapy and all of my programs can be found on my website: Speech-TherapyAtHome.com

I would love to hear from you if you have any questions or comments. I can be reached at SLP@Speech-TherapyAtHome.com

Garth Schindel, SLPatHome

Disclaimer

While I am a certified speech-language pathologist and all the ideas in this book are ones that I use with the children and parents who come to see me, this program does not replace an assessment or treatment with a speech-language pathologist or any other professional.

Introduction

This program combines three highly effective tools: Complexity, Sound Cues and Contrasts, to help you work on speech sounds in the most effective way possible.

Complexity is a powerful method to help children establish speech sounds and speech sound patterns with maximum efficiency. This program focuses on R blends with more than 2 elements. I also have programs that focus on S blends and L blends.

I've made this program to be a Resource. I've included as many practice images for each of the R blends as reasonably possible. In total, there are 528 R Blend practice words and 22 sets of contrasting words. This is more that you will likely ever need to work on with one child but they are there if you need them. Find the ones that work for you and your clients.

Sound Cues provide children with the information they need to fully understand the sounds that make up words. I've added my Ultimate Sound Cues to each practice word to make the Complexity Approach even more powerful. Sound Cues help children understand what sounds are in each word and provides the support needed for them to make each sound correctly.

My Ultimate Sound Cues are included as a free addition to this program. More information on Sound Cues can be found on my website.

Contrasts. Similar to minimal pairs, words that differ by only a few sounds help children learn that changing or adding sounds changes meaning. Showing children that “Scream” is made up of and can be broken down into “Cream”, “Ream” and “Seam” helps them to understand the importance of saying each sound in the bigger word. The contrasts can also be used to help children build up to the harder 3 element words. Backwards chaining is one of my favorite ways to help children way harder words.

All of the images in this program are provided both in full colour and in printer friendly back and white.

I hope you find this program useful. Please let me know if you have any questions.

You can email me at SLP@Speech-TherapyatHome.com

Garth Schindel SLPatHome

Ultimate Sound Cues

Sound Cues help children to say sounds correctly and to fully understand the sounds that make up each word. Every sound in English is represented by its own Sound Cue. English is confusing. Sound Cues help.

There are 3 parts to each Sound Cue:

- Picture Symbol
- Label
- Hand Gesture

Picture Symbols are unique images that represent each sound. They make it easier for children to know what sounds are in each word and what sound they are expected to say. Each practice word is accompanied by picture symbols for each sound in the word.

Labels. Each sound cue has its own label. Labels help younger children to know what sound you are talking about.

Hand Gestures. Each sound cues has a unique hand movement. Gestures, especially ones that mimic how the sound is made in the mouth, are powerful prompts to help children make sounds correctly. The gestures help children to know what their tongue and lips should be doing to make the sound.

There are two Sound Cues for R. The Race Car is for R that is usually at the start of words. The Angry Bird represents the R in Vowel R's and in R blends. "Race" and "Angry Bird" Rs also have two different hand gestures. One for the bunched R and one for the tongue tip R. Use the ones that work best for your child.

The Sound Cues are first presented in a small format that shows the Picture Symbol and the Labels. I often cut apart these Picture Symbols and help children to find the sounds that make up each word. They can then add or take away sounds to change the word. Multisensory learning is always best. Larger formats are available on my website.

Next, the Sound Cues are in a grid showing the Picture Symbol on one side and the Label, Hand Gesture on the other side. I like to print these out on either card stock paper or laminate them. I use them as visual prompts for the different sounds. If this is too much information for your child to look at, try folding the cards in half so the label and gesture are on the back.



B as in "Boy"



P as in "Pop"



C/K as in "Can"



G as in "Go"



T as in "Top"



D as in "Drum"



F as in "Fun"



V as in "Van"



H as in "Happy"



J as in "Jam"



L as in Laugh



M as in "Mom"



N as in "No"



Qw as in "Queen"



R as in "Run"



IR as in "Bird"



S as in "See"



Z as in "Zoo"



W as in "We"



Y as in "Yes"



Ch as in "Chip"



Sh as in "Shoe"



Zh as in "Treasure"



Th as in "Think"



Th as in "There"



Ng as in "Ing"



Short A as in "Cat"



Short E as in "Pet"



Short I as in "It"



Short O as in "Off"



Short U as in "Up"



υ as in "Book"



Long A as in "Ape"



Long E as in "Eat"



Long I as in "Pie"



Long O as in "Toe"



Long U "Oops"



Oi as in "Oil"



Ow as in "Cow"



Ew as in "Few"



Bounce

B as in "Boy"

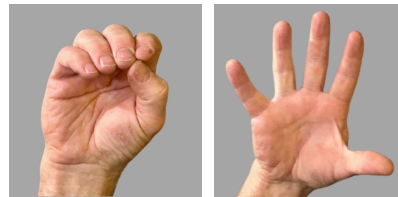


Hand facing out, fingers together. As you make the B sound, pop open your fingers. Other index finger shows that voice is on, if needed.



Pop

P as in "Puppy"

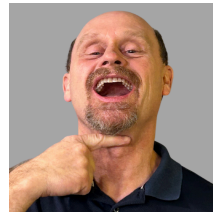


Start with your hand facing out and all of your fingers together. As you make the P sound pop open your fingers.



Cough

C/K as in "Can" or "Key"

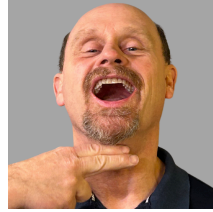


Index finger horizontally across your throat. Move finger gently up and back. Then move it quickly away as the sound "explodes" out.



Gargle

G as in “Go”



Same as K / C but use both index and middle fingers to show that voice is on.



Tip Toe

T as in “Toy”



Place the tip of your index finger on the center of your upper lip and tap lightly.



Drum

D as in “Dog”



Tip of index finger on the center of your upper lip and tap lightly. If needed, touch your other index finger to your throat to show that voice is On.



Funny Bunny

F as in “Fun”



Place the tip of your index finger at the mid-point just below your bottom lip, press gently and hold as you make the sound.



Vacuum

V as in “Van”



Same gesture as F but if needed, touch your other finger to your throat to show that voice is On.



HaHa

H as in “Happy”



Place your open palm a few inches in front and down a bit from your mouth. Move hand away as you make the sound.



Jump J as in “Jam”



Same as Ch with your other index finger on your throat to show that voice is On – if needed.



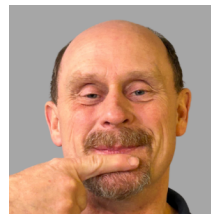
LaLa L as in “Love”



Make an L shape with your index finger and thumb. Touch your thumb just above your upper lip under your nose. Move hand out as you make sound.



Hum M as in “Mom”



Place your index finger horizontally under your bottom lip. If needed, place your other index finger on your throat to show that voice is On.



Nose

N as in “No”



Touch the side of your nose with your index finger. If needed, place your other index finger on your throat to show that your voice is On.

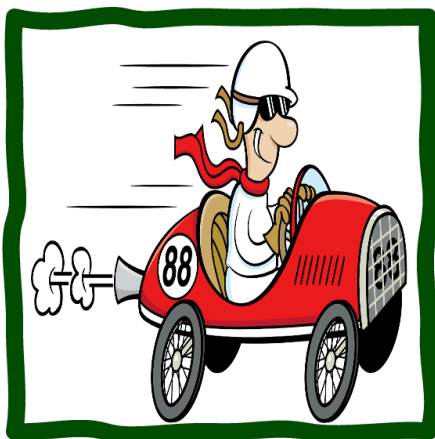


.Queen

Qw as in “Quick”

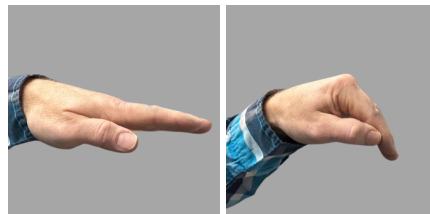


With one hand do the C/K gesture (index finger across your throat). Other hand does the W gesture (fingers on cheeks helping push lips out).

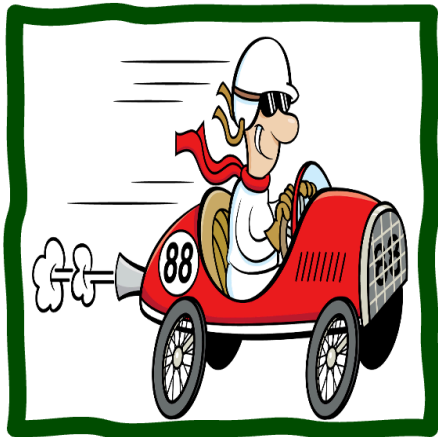


Race

R as in “Red”

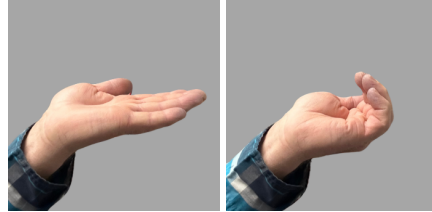


For Bunched R: Palm down. Pull your fingers back so they hump up as you say the sound.



Race

R as in "Red"



For Tongue Tip R: Palm flat. Curl fingers back and up as you say the sound.



Angry Bird

R as in "Bird"



For Bunched R: Show your teeth. Palm down. Pull your fingers back so they hump up as you say the sound.



Angry Bird

R as in "Bird"



For Tongue Tip R: Show your teeth. Palm flat. Curl fingers back and up as you say the sound.



Snake

S as in “See”



Touch your index finger at center of your top lip (or under the center of your bottom lip). Slither your finger out and away as you make the sound.

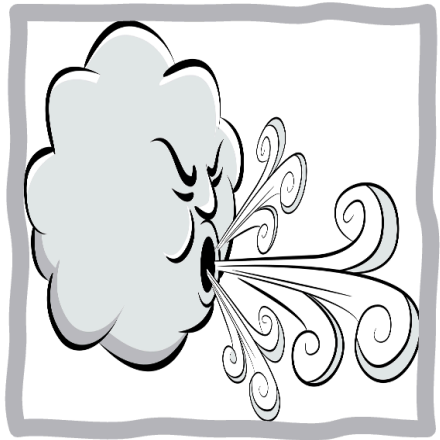


Buzz

Z as in “Zip”



Touch your index & middle fingers at the center of your top or bottom lip. Move them out away in a zig zag movement as you say the sound.

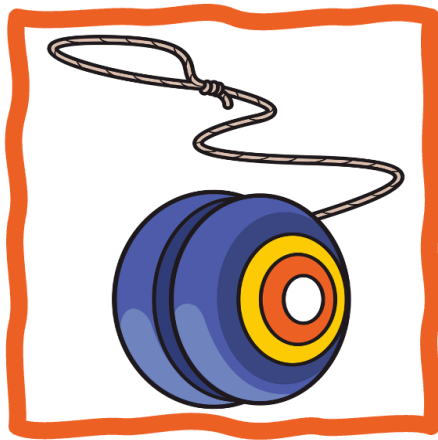


Windy

W as in “Water”



Place your thumb and index finger at opposite corners of your lips. Apply slight inward pressure to round your lips as you make the sound.

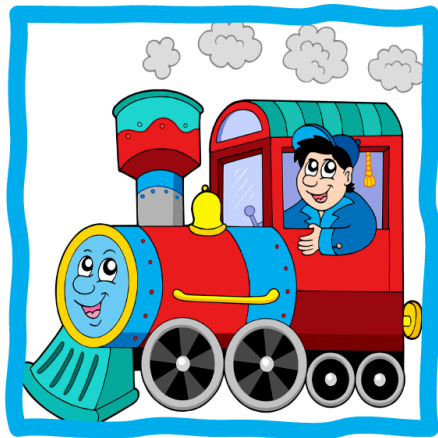


Yoyo

Y as in “Yes”



Stick out your little finger and thumb. “Hang 10”. Place your hand just under your mouth. Move it out a bit as you say the sound.



Train

Ch as in “Chip”



Thumb on one cheek. Index finger on the other. Slight pressure inwards. Move forwards quickly as you make the sound to suggest an explosion of air.



Sh!

Sh as in “Shoe”



Index finger vertically just below lips. Move it out a bit as you say the sound.



Hair Dryer

Zh as in “Treasure”



Index finger vertically just below your rounded lips. If needed, touch other index finger to your throat to show that voice is On.



Quiet Tongue

Th (Voice Off) “Think”



Index finger pointing out away from your mouth. Move it out a bit as you make the sound.



Noisy Tongue

Th (Voice On) “That”



Same as Quiet Tongue but touch your other finger to your throat to show that your voice is On, if needed.



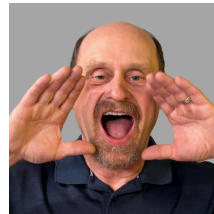
Gong
Ng as in “Sang, Sing”



Do the N gesture as you do the G gesture.



Scarry
Short A as in “Cat”



Hold your hands open at the sides of your mouth. Move them out a bit as you say the sound.



What?
Short E as in “Pet”



Hold your hand in a claw shape up by your mouth. Move it out a bit as you say the sound.



Ick

Short i as in "Pick"



Hold up your pinky up by your mouth.
Move it up a bit as you say the sound.
Use 1 or 2 hands.



Say Ahh

Short O as in "Off"



Pretend that your index finger is a
tongue depressor. Hold it pointed into
your mouth.

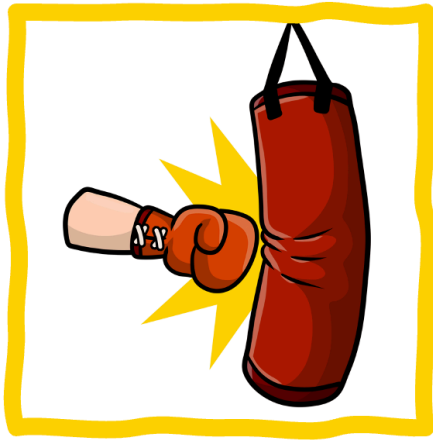


Up

Short U as in "Ut"



Hold up your index fingers on either
side of your mouth. Move them up a
bit as you say the sound.



Punch

ʊ as in “Book”



Place your index and middle fingers up by your mouth. Move them up slightly as you say the sound.

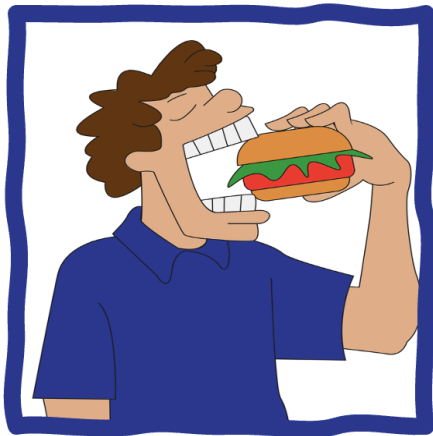


A or Cool

Long A as in “Ape”



Start with Short E (no sound) “What?” and then move to Long E “Eat”.

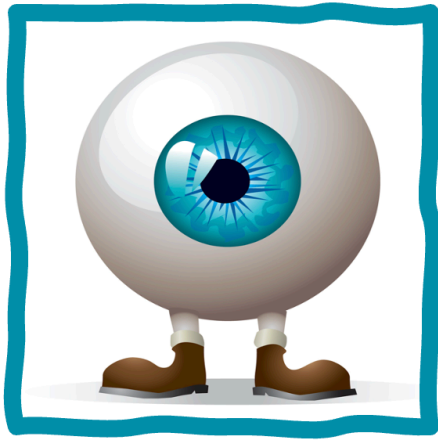


Eat

Long E as in “Sleep”



Hold your index fingers at both sides of your mouth. Move them out a bit to stretch your smile.



Eye

Long I as in “Pie”



Start with Short A “Scarry” (no sound – just to get mouth ready) and move to Long E “Eat”.

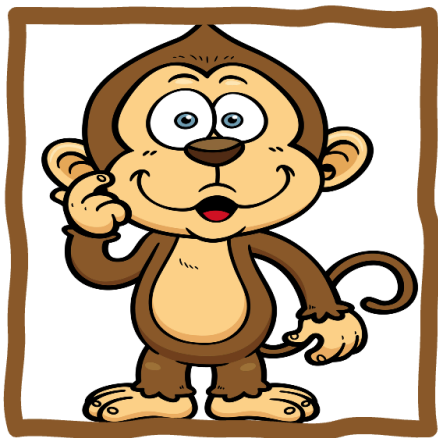


Mr. O

Long O as in “Toe”



Hands in an O shape by your mouth. Move them out a bit as you make the sound.



Monkey Lips

Long U as in “Oops”



Use your index fingers and thumbs to show “rounded lips”. Fingers and thumbs don’t touch your lips.



Oink
Oi as in "Oi"



Start with Long O "Mr. O" and move to Long I "Eye".



Ouch
Ow as in "Ow"



Start with Short A "Scarry" and move to Long U "Monkey".



Stinky
Ew as in "Ew"



Start with Long E "Eat" and move to Long U "Monkey" gesture.

How the Words are Organized

- The different blends are listed in alphabetical order.
- The words in each group are sorted from shortest to longest. Often shorter words are easier to say than longer ones.
- If there were enough words with the blend at the beginning, middle and ends of words then I divided them by position.
- Contrasts for each group of R blends are provided when possible.
- I use the Queen sound cue to represent the KW combination. In the Contrast words I've broken it up into K and W to show words such as "Swear" and "Care". If the child you are working with is finding this confusing, try showing them that Qw is made up of the K and W sounds. The Queen sound is "special", she is made up of two different sounds.

The Sound Cues are underneath all of the practice words. I used General American Pronunciation for each word. If you pronounce the words differently, either ignore the sound cues or change them to what works for you.

List of Practice Words

BLR

Blur	Cobbler	Marbler
Blurry	Gobbler	Tumbler
Blurt	Wobbler	Gambler
Abler	Doubler	Fumbler
Nibbler	Bubbler	Mumbler
Nobler	Babbler	Warbler
Rambler	Cabler	Assembler
Dribbler	Enabler	Scribbler

KTR

Actor	Tractor	Conductor
Nectar	Factory	Spectrum
Vector	Specter	Projector
Sector	Character	Directory
Doctor	Selector	Protector
Victor	Collector	Electrical
Victory	Detector	Instructor
Elector	Director	Electricity

LTR

Alter
Bolter
Realtor
Ultra
Filter
Shelter

Walter
Vaulter
Falter
Halter
Smelter
Alternate (verb)

Alternate (adj.)
Sheltering
Ultralight
Sweltering

MBR

Amber
Ember
Camber
Lumber
Hombre
Timber
Member
Limber

Chamber
Umbrage
Embrace
Clamber
Slumber
Numbers
Hamburger
Umbrella

Remember
November
December
September
Slumbering
Membership
Cumbersome
Lumberjack

NDR

Under
Tender
Gender
Sander
Fender
Vendor
Thunder
Founder
Wander
Tinder
Wonder
Ponder

Finder
Kinder
Binder
Lauder
Laundry
Meander
Grinder
Blunder
Blender
Plunder
Hundred
Slender

Tundra
Grounder
Cylinder
Blinders
Wonderful
Defender
Blundered
Calendar
Underwater
Cinderella
Understand
Kindergarten

NGR

Engoss
Engrave
Ingrain
Ingrate
Ingrown
Ingress

Downgrade
Engraved
Ungracious
Ungrateful
Greengrocer
Congregate

Ungracefully
Ingredients
Congratulate
Congratulations

NJR

Injure
Oranger
Injured
Ginger
Conjure

Ranger
Manger
Danger
Plunger
Dangerous

Tangerine
Gingerly
Stranger
Lone Ranger
Gingerbread

NTR

Enter
Renter
Counter
Pointer
Banter
Entry
Fainter
Center
Punter
Hunter
Painter
Intro
Lantern
Pantry

Winter
Printer
Central
Grunter
Country
Splinter
Inventor
Control
Sprinter
Internet
Intercom
Contract
Contrast
Countertop

Controller
Interesting
Contraption
Contractor
Interpreter
Contribute
International
Concentrate
Centrifuge
Introduction
Jack-o'-lantern
Entertainment

NThR

Anther
Gunther
Panther

Enthrall
Enthroned
Anthrax

Philanthropic
Anthropologist

NgGR

Anger
Angry
Finger
Longer
Monger
Linger

Younger
Hunger
Hungry
Lingering
Stronger
Congress

Hungrily
Fishmonger
Congresswoman

PTR

Apter
Chapter
Copter
Raptor

Captor
Scepter
Tempter
Adapter

Erupter
Adopter
Disruptor
Helicopter

RBL   

Herbal
Burbal
Verbal

Gerbil
Marble
Warble

Garbled
Warbler

RDL   

Curdle
Girdle
Wordle
Hurdle
Nurdle
Wordly

Hurdler
Thirdly
Birdlike
Hardly
Hurdling
Wordless

Lordly
Cowardly
Absurdly
Cordless

RDZ   

Herds
Hordes
Birds
Words
Nerds
Beards

Boards
Cards
Cords
Guards
Records
Lizards

Awards
Towards
Snowboards
Wildcards

RFT   

Turfed
Nerfed
Surfed

Barfed
Dwarfed
Scarfed

Snarfed
Bodysurfed

RFR   

Surfer
Nerfer

Arfer
Turfer

Barfer

RKL   

Circle
Hurkle
Sparkle
Workload
Snorkel

Snorkeled
Starkly
Sparkler
Barkless
Forklift

Snorkeling
Parkland
Sparkling

RKS   

Arcs
Works
Quirks
Larks
Smirks
Marks

Corks
Forks
Sharks
Parks
Barks
Sparks

Storks
Fireworks
Networks
Bookmarks

RND   

Earned
Turned
Burned

Horned
Turn Down
Returned

Corndog
Darndest

RNT   

Aren't
Burnt
Learnt

Weren't
Different
Sunburnt

Horntail
Turntable

RPL   

Purple
Airplay
Airplane

Surplus
Earplug
Overplay

Perplex
Kerplunk

RPS   

Burps
Chirps
Harps

Slurps
Tarps
Warps

Sharps
Carps

RST   

Burst
First
Thirst

Pursed
Worst
Cursed

Thirsty
Forced

RTS   

Arts
Yurts
Shirts
Hurts

Farts
Darts
Hearts
Forts

Shorts
Starts
Parts
Tarts

Carts
Smarts

Outskirts
Kickstarts

SKR    **at the Start of Words**

Screw
Scree
Scram
Screen
Scroll
Scrub
Scribe
Scrap
Screech
Scream
Scrape
Scratch
Scrappy
Scrooge

Scrag
Scrum
Scrod
Scrawl
Scrounge
Scruple
Scrimp
Script
Scrapper
Scribble
Scrawny
Scripture
Scruffy
Scrabble

Scrunch
Scraper
Screwball
Scraggly
Scrimmage
Scrambler
Scrimshaw
Scratchpad
Scrutiny
Scrambled
Screensaver
Screwdriver

SKR    **in the Middle of Words**

Unscrew
Muskrat
Ice Cream
Describe

Proscribe
Sunscreen
Touchscreen
Inscription

Description
Postscript
Prescription
Manuscript

SKR    **Contrasts**

Scram – Scam – Ram – Sam – Cam
Screw – Crew – Sue – Coo – Roo
Scrum – Crumb – Scum – Come – Rum
Scream – Cream - Ream – Seam
Script – Crypt – Ripped – Sipped
Scrap – Crap – Rap – Cap
Scrawl – Crawl – Call – Saul

SPR    **at the Start of Words**

Spur
Spurred
Spurt
Spry
Spree
Spray
Sprayer

Sprain
Sprung
Sprig
Sprog
Sprawl
Sprang
Sprout

Spruce
Sprite
Spread
Spring
Springy
Spritz
Sprattle

Spraddle
Sprint
Sprecher
Sprawling
Sprinter

Sprightly
Sprocket
Sprinkler
Sprinkles
Springtime

Springboard

SPR    **in the Middle of Words**

Disperse
Disprove
Espresso

Offspring
Bedspread
Misprint

Respiration
Prosperous

SPR    **at the End of Words**

Casper
Whisper
Rasper

Vesper
Jasper
Prosper

Crisper
Grasper

SPR    **Contrasts**

Sprout – Spout – Pout –Route
Spread – Sped – Red – Said
Spry – Spy – Pry – Pie – Rye
Sprain – Spain – Rain – Sane
Sprocket – Rocket – Pocket – Socket
Spring – Ring – Sing - Ping
Spray – Spay – Pray – Pay – Ray - Say

SQwR (SKWR)   

Squirm
Squirt
Squirrel

Squirrely
Squirreled
Squirmy

Squirted
Squirt Gun

SQwR (SKWR)    **Contrasts**

Squirm – Worm
Squirrel – Swirl – Whirl – Curl
Squirt – Skirt – Quirt – Curt

STR    **at the Start of Words**

Stir
Strew
Stray
Straw

Strum
Strong
Strut
Stride

Strap
Stress
Stroke
Stream

Strip
Street
Stretch
Strike
Strand

String
Strength
Struggle
Stroller
Strudel

Structure
Strawberry

STR    **in the Middle of Words**

Destroy
Asteroid
Mustard
Mystery
Yesterday

Destroyer
Mastering
Hysteria
Astronaut
Hamstring

Demonstrate
Catastrophe
Instruments

STR    **at the Ends of Words**

Oyster
Shyster
Roister
Rooster
Mister
Master
Poster
Sister

Pasture
Faster
Hoister
Jester
Boister
Hamster
Hipster
Monster

Youngster
Gangster
Sinister
Dumpster
Minister
Trickster
Spinster
Register

STR    **Contrasts**

Strew – Stew – True – Sue – Two – Roo
Stray – Stay – Tray – Say – Ray
Stream – Steam – Team – Seam – Ream
String – Sting – Ring – Sing
Stroller – Troller – Solar - Roller

Practice Images

Following are images for all of the practice words.

Let me know if you have any suggestions for additional words or any changes you that would be helpful.